



WEST SHORE SCHOOL DISTRICT  
**Pacing Guide: Health Grade 8**

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Cycle	Module
1 2 3 4 5 6 7	Understanding Health and Wellness
8 9 10 11 12 13 14 15	Decision Making
16 17 18 19 20 21 22 23	Mental Illness
24 25 26 27 28 29 30	Alcohol and Drugs